

Lansing, Michigan

COMMUNITY RESOURCE GUIDE

Food • Housing • Utilities • Health • Women & Domestic Violence • Family Support • Seniors • Veterans •
Employment • Legal & Crisis Resources

“Bear one another’s burdens, and so fulfill the law of Christ.” — Galatians 6:2

Need help figuring out who to call? Start here.

For several needs at once, call Capital Area Community Services for utility/basic-needs navigation, Ingham County Health & Resource Navigation for health and benefit connections, or dial 211 for local referrals. For domestic violence or relationship abuse, EVE has a 24/7 confidential crisis line at **517-372-5572**.

Safety note: If someone is in immediate danger, call **911**. If using a phone or computer that an abusive partner may monitor, consider using a safer device and clearing browsing/call history only when doing so will not increase danger.

Important: Hours, funding, eligibility rules, pantry schedules and shelter availability can change. Call ahead whenever possible. Information checked in September 2026.

FOOD & NUTRITION ASSISTANCE

Greater Lansing Food Bank

Address: 5600 Food Ct., Bath Township, MI 48808

Phone: 517-853-7800

Regional food bank serving Ingham County and the Greater Lansing area through a large network of partner pantries, community kitchens and mobile food distributions. Call or use its partner network to locate food closest to you.

First Presbyterian Church of Lansing Food Pantry

Address: 510 W. Ottawa St., Lansing, MI 48933

Phone: 517-574-5124

Long-running downtown pantry providing groceries and hygiene items. Current listings show service Monday through Thursday; appointments/pickup procedures may apply, so call first.

LMTS Community Outreach Services

Address: 1122 W. Holmes Rd., Suite 3, Lansing, MI 48910

Phone: 517-253-0302

Choice-style food pantry plus diapers, toiletries and other basic-needs support. LMTS also participates in recurring/mobile food distributions; schedules can change.

South Lansing Ministries

Address: 1905 W. Mt. Hope Ave., Lansing, MI 48910

Phone: 517-882-0661

Faith-based food pantry and personal-needs support. Also provides information and referrals for health care, utilities, housing and other needs.

Catholic Charities - Cristo Rey Campus

Address: 1717 N. High St., Lansing, MI 48906

Phone: 517-372-4700

Multi-service community hub offering food access, clothing/hygiene support, health services, counseling/addiction treatment and financial coaching. Some services require appointments.

NorthWest Initiative

Address: Lansing, MI

Phone: 517-999-2894

Helps residents access food and apply for social-service programs such as EBT/Bridge Card and other benefits. The organization also hosts free food distributions and can help connect households to utility and housing resources.

Michigan Food Assistance / Bridge Card

Phone: 844-464-3447

Apply for Food Assistance Program benefits through MI Bridges or contact Michigan Department of Health and Human Services for benefit help. Local navigators can also assist with applications.

HOUSING, SHELTER & HOMELESSNESS

Lansing Housing Commission

Address: Lansing, MI

Provides affordable public housing and Housing Choice Voucher-related services. Contact the commission for current property availability, waitlist information and rental-assistance programs.

The Lansing Nest

Address: 332 Townsend St., Lansing, MI 48933

Phone: 517-940-6106

Day-to-night shelter and resource hub with overnight beds plus daytime access to case management, medical care, housing and employment support, meals, laundry and mail. Day services are listed Monday-Friday, 8:00 a.m.-4:30 p.m.

City Rescue Mission of Lansing

Address: 415 W. Kalamazoo St., Lansing, MI 48933

Phone: 517-485-0145

Emergency shelter, meals and support for people experiencing homelessness. Separate accommodations/services are available for women and children; call for intake and current bed availability.

Haven House

Address: 121 Whitehills Dr., East Lansing, MI 48823

Phone: 517-337-2731

Temporary emergency shelter and basic-needs support for families experiencing homelessness, with assistance toward longer-term stability.

Capital Area Housing Partnership

Address: Greater Lansing

Phone: 517-332-4663

Housing counseling and financial counseling for renters and homeowners, including people experiencing loss of income or housing instability.

City of Lansing Human Relations & Community Services

Address: Lansing, MI

City human-services programs include eviction-prevention, utility-assistance and housing-ombudsman resources. Program funding and eligibility can change.

UTILITY & EMERGENCY FINANCIAL ASSISTANCE

Capital Area Community Services - Lansing/East Lansing Service Center

Address: 1301 Rensen St., Lansing, MI 48910

Phone: 517-393-7077

Community Action agency serving Lansing and the surrounding area. Utility and water/sewer assistance programs are offered when funding is available, with income eligibility requirements.

- Utility and water/sewer assistance when funded
- MI Bridges/public-benefit navigation
- Senior and family-support navigation
- Head Start and other anti-poverty programs through CACS

Michigan Department of Health and Human Services - State Emergency Relief

Address: Ingham County / Lansing

Phone: 517-887-9400

State Emergency Relief may help qualifying households with urgent needs such as heat, utilities and other emergencies. Eligibility and available assistance depend on the household and current program rules.

NorthWest Initiative

Address: Lansing, MI

Phone: 517-999-2894

Provides hands-on navigation for gas/electric assistance, housing resources, benefit enrollment and other emergency needs.

MEDICAL, PUBLIC HEALTH & BENEFITS

Ingham County Health & Resource Navigation

Address: 5303 S. Cedar St., Suite 203, Lansing, MI 48911

Phone: 517-272-4123

Helps residents connect to health care and apply for programs such as the Ingham Health Plan, MI Bridges and HealthCare.gov. Current walk-in hours are generally Monday-Friday with a midday closure.

Ingham Community Health Centers

Address: Multiple Lansing locations

Community health centers provide primary, pediatric, women's and other health services. Health & Resource Navigation can help residents who do not currently have a regular doctor connect to care.

Ingham County WIC

Address: Lansing / Ingham County

Phone: 517-887-4326

Nutrition education and food benefits for eligible pregnant/postpartum women, infants and children under age 5.

Cristo Rey Family Health Center

Address: Lansing, MI

Phone: 517-371-1700

Community health resource serving Lansing residents. Call for current services, appointment requirements and eligibility.

Mental Health Crisis Support

Phone: 988

Call or text 988 for the Suicide & Crisis Lifeline. For immediate medical or safety emergencies, call 911.

WOMEN, DOMESTIC VIOLENCE & SURVIVOR SUPPORT

You do not have to wait for physical violence to ask for help. Domestic abuse can include threats, stalking, intimidation, sexual violence, financial control, isolation, technology monitoring and other controlling behavior. The resources below can help with safety planning even if a survivor is not ready or able to leave.

EVE - End Violent Encounters

Address: Administrative office: 405 W. Greenlawn Ave., Suite 105, Lansing, MI 48910

Phone: 24/7 Crisis Line: 517-372-5572

Lansing's domestic and sexual violence program provides free, confidential services. EVE's emergency shelter location is protected; call the crisis line for safe shelter intake and support.

- Emergency domestic-violence shelter for survivors and children, subject to availability
- Safety planning, crisis intervention and advocacy
- Counseling and support services
- Housing/resource referrals and case management
- Court advocacy and Personal Protection Order assistance
- Support for domestic violence, sexual violence, stalking and abuse later in life

EVE Personal Protection Order (PPO) Office

Address: 313 W. Kalamazoo St., Floor 3R, Lansing, MI 48933

Phone: 517-483-6545

Provides advocacy and assistance for people seeking Personal Protection Orders related to domestic violence, dating violence, sexual assault or stalking. Current weekday office hours include a midday closure.

Capital Area Response Effort (CARE)

Address: Lansing area

Phone: 517-272-7436

Law-enforcement-based advocacy program serving survivors of domestic violence in Lansing and nearby communities. CARE provides post-arrest follow-up, crisis intervention, advocacy and connections to resources.

MSU Safe Place

Address: 219 Wilson Rd., G-60 Wilson Hall, East Lansing, MI 48825

Phone: 517-355-1100

Relationship-violence and stalking program offering emergency shelter, advocacy, counseling and support. It primarily serves the Michigan State University community; people not affiliated with MSU may receive services when staffing or shelter capacity allows.

MSU Center for Survivors

Address: East Lansing, MI

Phone: 24/7 Crisis Line: 517-372-6666

Provides crisis intervention and advocacy for survivors of sexual violence. Some therapy/support services are specific to the MSU community, while advocacy and crisis resources may be available more broadly.

Women's Center of Greater Lansing

Address: 1710 E. Michigan Ave., Lansing, MI

Phone: 517-372-9163

Community resource for women offering supportive programming and referrals. Regional survivor-resource directories identify the Women's Center as an additional place women can contact for support and connection to services.

Michigan Coalition to End Domestic & Sexual Violence - VOICES4

Phone: 855-VOICES4 (855-864-2374)

Statewide domestic and sexual violence support and referral resource. Survivors can also use the coalition's text/chat options when available.

National Domestic Violence Hotline

Phone: 800-799-7233

Free, confidential 24/7 support. Text START to 88788. Advocates can help with safety planning and connect callers to local resources.

CHILDREN, PREGNANCY & FAMILY SUPPORT

Capital Area Community Services - Head Start

Address: 101 E. Willow St., Lansing, MI 48906

Phone: 517-482-1504

Head Start and early-childhood services for eligible families. Contact CACS for enrollment and program locations.

Gateway Youth Services

Address: Greater Lansing

Phone: 517-351-4000

Support for youth and young adults. Regional resource guides identify Gateway for youth crisis and housing-related services; a 24-hour crisis line is also listed at 877-833-3689.

Ingham County WIC

Address: Lansing / Ingham County

Phone: 517-887-4326

Nutrition assistance for eligible pregnant women, new mothers, infants and young children.

Haven House

Address: 121 Whitehills Dr., East Lansing, MI 48823

Phone: 517-337-2731

Emergency shelter for families experiencing homelessness, with support toward stable housing.

SENIORS & CAREGIVERS

Tri-County Office on Aging

Address: 5303 S. Cedar St., Building 1, Lansing, MI 48911

Phone: 517-887-1440

Area Agency on Aging serving Ingham, Eaton and Clinton counties. Helps older adults and caregivers locate home- and community-based services.

- Care management and in-home support navigation
- Meals and nutrition resources
- Medicare/benefits counseling
- Caregiver resources
- Long-term-care and MI Choice navigation

Capital Area Community Services - Senior Assistance

Address: 1301 Rensen St., Lansing, MI 48910

Phone: 517-393-7077

CACS provides benefits navigation and family-support assistance for older adults, including MI Bridges and Medicare-related resource connections.

VETERANS

Ingham County Veterans Affairs

Address: 5303 S. Cedar St., Building 2, Lansing, MI 48911

Phone: 517-887-4331

Helps veterans, dependents and survivors understand and apply for federal, state and local veterans benefits, including benefit and health-care navigation.

Lansing VA Clinic

Address: 5656 S. Cedar St., Lansing, MI 48911

Phone: 517-267-3925

VA outpatient clinic providing primary care and additional services for eligible veterans. Individual clinic services may have different hours.

Michigan Veterans Affairs Agency

Address: 3423 N. Martin Luther King Jr. Blvd., Lansing, MI 48906

Phone: 800-642-4838

Statewide veterans-benefit navigation and coordination, including connections to emergency assistance, benefits and other veteran resources.

Veterans Crisis Line

Phone: 988, then press 1

24/7 crisis support for veterans, service members and their loved ones. Text 838255 is another option.

EMPLOYMENT & JOB TRAINING

Capital Area Michigan Works! - Lansing American Job Center

Address: 2110 S. Cedar St., Lansing, MI 48910

Phone: 517-492-5500

Free employment and career resources. Current center hours are Monday-Friday, 8:00 a.m.-5:00 p.m.

- Job search and Pure Michigan Talent Connect
- Resume and interview workshops
- WIOA education/training programs
- Youth employment services
- Veteran employment services
- Free professional clothing boutique for job seekers

NorthWest Initiative

Address: Lansing, MI

Phone: 517-999-2894

Community navigation that can help residents connect to benefit programs and other supports that reduce barriers to employment.

FREE & LOW-COST LEGAL HELP

Legal Services of South Central Michigan - Lansing Office

Address: 3490 Belle Chase Way, Suite 50, Lansing, MI 48911

Phone: 517-394-2985

Nonprofit civil legal aid for eligible low-income residents and older adults. Assistance may include housing, public benefits, consumer and other civil legal matters; capacity and case eligibility vary.

EVE PPO / Legal Advocacy

Address: 313 W. Kalamazoo St., Floor 3R, Lansing, MI 48933

Phone: 517-483-6545

Free survivor-focused advocacy and Personal Protection Order assistance for domestic violence, sexual assault and stalking.

Ingham County Prosecutor's Office - Victim Services

Address: Lansing, MI

Phone: 517-483-6108

Prosecutor-based victim advocacy for crime victims, including domestic-violence cases.

CLOTHING & PERSONAL NEEDS

Eastside Community Action Center

Address: 1001 Dakin St., Lansing, MI 48912

Phone: 517-853-0414

Food pantry and clothing closet serving people with basic needs. Services are generally appointment-based, so call for current requirements.

Catholic Charities - Cristo Rey Campus

Address: 1717 N. High St., Lansing, MI 48906

Phone: 517-372-4700

Basic-needs support can include food, clothing and hygiene items; availability varies.

Capital Area Michigan Works! Clothing Boutique

Address: 2110 S. Cedar St., Lansing, MI 48910

Phone: 517-492-5500

Job seekers can access professional clothing through the American Job Center's clothing boutique.

QUICK REFERENCE - IMPORTANT NUMBERS

Need	Contact
Emergency police / fire / medical	911
Mental health or suicide crisis	988
Domestic violence - EVE 24/7	517-372-5572
EVE PPO assistance	517-483-6545
CARE domestic violence advocacy	517-272-7436
MSU Safe Place	517-355-1100
Sexual violence crisis - MSU Center	517-372-6666
National Domestic Violence Hotline	800-799-7233
Greater Lansing Food Bank	517-853-7800
CACS utility/basic-needs help	517-393-7077
Ingham Health & Resource Navigation	517-272-4123
Ingham County WIC	517-887-4326
Tri-County Office on Aging	517-887-1440
Ingham County Veterans Affairs	517-887-4331
Legal Services of South Central MI	517-394-2985
Lansing American Job Center	517-492-5500

WHEN YOU DON'T KNOW WHERE TO START

1. EVE - 517-372-5572

For domestic violence, relationship abuse, stalking, sexual violence, emergency shelter, safety planning or confidential advocacy. The crisis line is available 24/7.

2. Capital Area Community Services - 517-393-7077

For utility/basic-needs assistance and public-benefit navigation.

3. Ingham County Health & Resource Navigation - 517-272-4123

For help finding health care and applying for health/benefit programs.

4. Greater Lansing Food Bank - 517-853-7800

For help locating a food pantry or mobile food distribution.

5. Dial 211

For additional local referrals when the need does not fit neatly into one category.

For a woman planning to leave an abusive situation: A local domestic-violence advocate can help make an individualized safety plan, identify emergency shelter, discuss children and pets, think through transportation and medications, and explain PPO/legal options. Leaving can be a high-risk time, so a personalized plan is safer than a one-size-fits-all checklist.

Compiled for community use. Please verify hours, eligibility, shelter space and funding directly with each organization before relying on the information.